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Carbondale, CO 81623

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The mission of Marble Retreat is to help bring healing, hope and restoration to those in vocational Christian ministry and the Church at large through Christ-centered brief intensive counseling.

Fall 2016

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## FOUNDERS

**Louis McBurney, M.D.**  
*(1938 - 2009)  
Co-Founder*

**Melissa McBurney**  
*Co-Founder*



## The Ripple Effect

One of the blessings of the Marble Retreat ministry is having the privilege of seeing God impact the impactors. We know that when a leader is healthy their positive impact will be evident in their marriage, family, community, and ministry. Here is a recent testimony from an alum couple who came to Marble Retreat 25 years ago and because they found healing, their impact on the Kingdom was multiplied. In their words,

“We were at the lowest point of a 15 year marriage punctuated by wonderful moments but many marriage stressing lows. Marriage counseling hadn’t proved effective. Now we found ourselves at odds with one another and having difficulty being parents and pastoring.

A dear friend agreed to serve as a listening ear encouraging us to come to a truce in this recent conflict. Realizing he was out of his league, he discovered Marble Retreat and encouraged us to attend. The suggestion proved marriage and ministry changing.

Marble Retreat breathed redeeming air into a stressed marriage. The care shown to us by the beautiful setting and hospitable hosting set the stage for participating in the counseling.

Lewis and Melissa McBurney, wise counselors, shared wisdom and insight borne not just from Lewis’s psychiatric training but years of a fruitful marriage. Counseling took place during group and individual times.

The group time produced insights into our own marriage through the experience of others. These observations made individual counseling incredibly effective. We left gaining marriage-changing breakthroughs helping us understand why we had been minimally able to resolve our deep marital problems.

With less time spent on endlessly, unfruitful discussion about our marriage, we spent more time discipling others in ministry. Time spent on a young adult produced a man who led a well-respected international ministry to young adults. Time spent on a doctor just entering practice led to a medical mission successfully changing the Aids epidemic in Malawi. Time spent with a visionary led to a mission serving orphans in war-torn Sierra Leone. The original children served by this mission have grown up and include medical doctors, college graduates as well as ordinary adults whose future had been changed.

Seeing the marital value of Marble encouraged us to send others to Marble. A young life couple continued in ministry. A pastoral couple became more fruitful.

Marble Retreat, through its ministry to us, affected the world.”

Your support of Marble Retreat has a ripple effect that positively impacts the world. Thank you for making a difference in the lives of Christian Leaders.

## Thank you to our wonderful volunteers!

This summer we were delighted to have another work crew from LifeBridge Christian Church in Longmont, CO. They completed several projects around the lodge and had a lot of fun too! We then had a delightful group from Fellowship CRC of Greeley, CO join us for cutting and splitting wood. Along with numerous locals from the Church at Redstone and Marble Community Church who joined us again for our annual wood cutting party. Thank you for all of these churches who came out and worked hard to help us get firewood ready for the winter. And thank you to Marcus and Janice Beaver and Jim and Leslie Smallwood who came out for a volunteer work week. We are so grateful to all of you who donate your time and energy to help us get much needed work done around the property!



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## Alumni Quotes - Summer 2016

"Thank you so much for the questions that get to the heart of the matter. Thank you for your empathy and compassion that helps us through this difficult journey. I appreciate your discernment and wisdom as you observe and fact gather and then lovingly teach. You gave us so many take homes and practical tools that we can work with. Thank you for teaching these tools that will help us resolve life-long struggles. I love your straight forwardness as you give us insights into our dynamics."

"God has restored our marriage and ministry. Bless you and your ministry."

"I continue to trust God daily with the things we spoke of during my time at Marble. Scenes from my time in Marble still replay in my mind. God is still using the work done there in my heart."

"Today is our wedding anniversary. I have no doubt that we would not have seen this day without y'all's help. As usual, "thank you" just doesn't seem to be enough."

"I learned so much from the other group participants! This is a great way to get help and encouragement as a member of the clergy."

"Opportunity for the body of Christ to do what God intended it to do – encourage, build up, weep and rejoice with. Was a beautiful and safe experience. Was so grateful for all involved."

"I liked everything about it. I sensed God's presence in and among us all."

"Thank you for your wisdom and insights. I have gained much more than I could have imagined from this experience. God is doing something very special here."

"I would imagine you have dozens, maybe hundreds of cards like this one saying pretty much the same things: Like thank you for listening, thank you for digging just a little bit deeper, thank you for crying with us, thank you for not letting us off the hook, and thank you for staying true to this "method" because it really, really works. I would never have imagined the group sessions with pretty much strangers being so life-giving and enlightening, but thank goodness you guys knew and stayed true to it. God bless you guys in everything you do. You are such true followers of Christ and darn good counselors."

"It is astounding to see how the Lord uses you with your insightful questions and your open and warm Spirit. You pressed each of us to that next level of questioning and the right steps of action."

"Excellent in every way. Really got to know the others in our group. Wonderful counselors Mike and Kari MacKenzie. The setting was perfect and hosts Bob and Lisa Rue are gifted with hospitality charms. All staff, including Janelle, treated us like family. Blessings to you all."

## Scholarship Fund

Want to make a difference in this world? In a community? In the Kingdom? Giving to our scholarship fund impacts many more than the person or couple receiving the scholarship. As seen in the testimony on the front page, because this couple came to Marble Retreat and found healing in their marriage they were able to produce much good fruit that otherwise may not have happened. We are so grateful for the gifts we have already received for our scholarship fund, \$26, 500 was brought in last year for scholarships. What a blessing! However, \$57, 400 in scholarships were given. The needs still outweigh our funds so if you are able and moved to make a difference through the ministry of Marble Retreat then please donate to our scholarship fund. Thank you and may God bless your generosity.

## WE WELCOME A NEW BOARD MEMBER



Rebecca & Trey Morris

Trey Morris has spent 20+ years in the world of broadcasting and advertising. Born and raised in Dallas, he spent the first 10 years managing radio stations in Dallas and Chicago. While in Chicago, he branched out and ran a full-service advertising agency that specialized in developers and home specialty retailers. In 2008, when the housing market imploded, he jumped back into radio. Over the next 5 years, he launched 3 startup businesses, including his favorite, Q BBQ. Q BBQ is Michelin award-winning barbeque restaurant with 5 locations in the Chicago area. In 2013, he left the business world for the ministry world. He joined the ministry of Pastor James MacDonald's Walk in the Word. As Executive Producer, Trey oversaw his radio ministry and created Walk in the Word Television that airs on TBN worldwide six days week. In 2015, Trey felt the calling of Texas and moved the family back to North Texas, where he is currently the Chief Marketing Officer for the Boenker Group of Companies, a family-owned insurance holding company. Trey has been married for 22 years to Rebecca, his Baylor sweetheart, and father to Haley (17) and Jordan (13). In his spare time, Trey serves as the video director at Milestone Church in Keller, Texas.

## Bob's Beef Stew



### INGREDIENTS

- 3-4 lbs. London Broil or Stew Meat
- 1 chopped onion
- 3 cloves garlic
- ¼ tsp. salt
- ¼ tsp. ground pepper
- 3 tsp. Worcester Sauce
- 3 tsp. A1 sauce
- ¼ cup Red cooking wine
- ¼ tsp. butter
- 3 carrots
- 3 potatoes
- 1 cup green peas
- 3 bay leaves
- 1 box beef both
- 1 12oz. can tomato paste
- 3 cubes beef bullion
- 3 tsp. olive oil
- Sprigs of rosemary and thyme

### DIRECTIONS

Start by heating over medium in a large cooking pot with oil and butter.

Add onion and garlic, sauté until clear.

Add the beef and brown it; then pour in wine, Worcester sauce, A-1 and beef broth; allow the liquids to simmer.

Once the concoction is bubbling add vegetables (potatoes and carrots) hold out peas until very end to keep them green.

Add the herbs.

Open up and add the can of tomato paste, stir it into the stew to thicken.

Allow 15-20 minutes for your stew to get happy with the lid on the pot before serving.

Feeds approximately 4-6 people.

### STAFF

**Mike MacKenzie, D. Min., L.P.C.**  
*Clinical Director*

**Kari MacKenzie, D. Min., M.A.**  
*Executive Director*

**Janelle Edmiston**  
*Business Manager*

**Bob Rue**  
*Manager of Hosting and Maintenance*

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