



The mission of Marble Retreat is to help bring healing, hope and restoration to those in vocational Christian ministry and the Church at large through Christ-centered brief intensive counseling.

Fall Edition 2011 • Providing Care since 1974 • Marble, Colorado

## NOW OFFERING TWO GROUPS FOR CHRISTIAN COUNSELORS IN 2012

By Kari MacKenzie

In 1977 Louis McBurney wrote *Every Pastor Needs a Pastor* and it struck a nerve not only for those in ministry, but also for those who desire to walk alongside someone who is a pastor. Thirty-four years later, pastors, missionaries, and those who would minister to them are still hungry for wisdom, insight, hope, and healing.

Mike and I recently had the privilege of attending the AACC (American Association of Christian Counselors) World Conference in Nashville, TN. While there, we had a booth representing Marble Retreat. Furthermore, Marble Retreat sponsored a Pastor to Pastor luncheon where H.B. London, formerly with Focus on the Family, spoke encouraging words to the pastors in attendance. The event was sold out at 300! Mike and I were blessed to also hold a workshop on significant issues facing those in ministry. Our goal was to encourage ministers and missionaries who attended and offer guidance

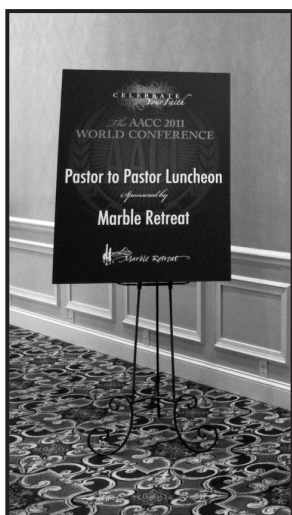
to those who are helping this population. We were amazed by the turnout for the workshop and interest in this subject, all reminding us of the great need to care for those in ministry. While there we were touched by the number of Christian Counselors who visited the booth suffering from burnout and burdened



Mike & Kari

with compassion fatigue. It is an emotionally draining profession and carries with it some of the same encumbrances that ministry carries with it. We see it as a ministry profession in and of itself. Many desired to come to Marble Retreat to experience this time of healing and restoration that happens here.

Therefore, after much prayerful discussion among staff and the Board of Directors here at Marble Retreat, we are excited to be offering 2 groups in 2012 that are “Christian Counselor Only” groups. This means that any Christian Counselor or Therapist can attend one of these groups and know they will be in a group with like-minded peers who carry many of the same burdens. Therefore, we would love you to invite anyone you may know who is in this vital helping profession and is in need of some re-charging to attend one of these two specialized retreats in 2012.



**Please consider donating  
to our Scholarship fund.**

## THE GIFT OF VOLUNTEERS

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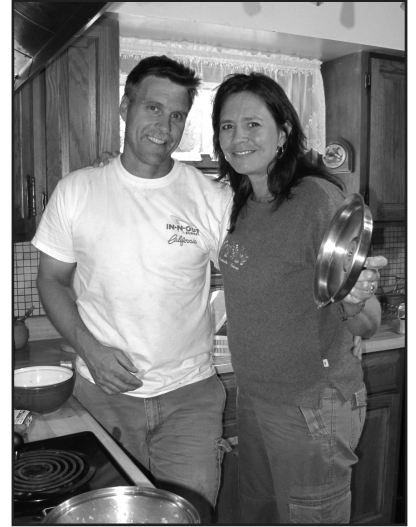
**Norm Wright, M.A.**

*Therapist, Author*



We have a group of volunteers down at the lodge cutting down dead trees and splitting wood as I write this newsletter article. Those of you who are reading this and run a ministry and/or a non-profit organization know how valuable our volunteers are. Tomorrow, eight more volunteers will join us for more wood splitting and stacking. Here are a few of the volunteers we had this summer:

Our board member, Lisa Rue along with her husband, Bob have been volunteer hosts while Mike and Kari attended conferences for Marble Retreat. Along with their vast cooking skills, Bob is an expert house painter and did some much needed refinishing of our outside doors on the lodge. Karrie Pollack also has been a volunteer host this summer and has thoroughly enjoyed the fly fishing available in the area, making the blessings reciprocal. Read the Housewarming article to read about Karrie's recent inspiration. Dennis and Mary Ellen Pankratz have volunteer hosted a few summers and were here again this year taking care of our guests. We are happy and excited to have more people involved in the hands on work of the ministry. We also appreciate the people who regularly volunteer to help us with our mailings and newsletters. Thank you to all who have invested their time and talents to help out the ministry of Marble Retreat, you are a much needed blessing!



*Bob & Lisa Rue*



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If you would like to receive your newsletter electronically, please notify us at [ministrycare@marbletreat.org](mailto:ministrycare@marbletreat.org). If you would like to be removed from our mailing list, please let us know electronically or simply call us toll free at 888-216-2725.

# JOB'S INTEGRITY

By Steve Cappa

*"I will never admit you are in the right;  
till I die, I will not deny my integrity (Job 27:5, NIV)."*

We're all familiar with that compelling and powerful book of Job. Such longsuffering and perseverance is found in his story! How he manages to retain his trust and faith in God through it all is, obviously, inspiring! And then there's this one word, "integrity," that is found in the aforementioned passage. I was captured by this word, convicted, in fact. So much so, that I researched it a bit and felt inspired to share some reflections herein.

This is what Wikipedia says about integrity: "Integrity is a concept of consistency of actions, values, methods, measures, principles, expectations, and outcomes. In ethics, integrity is regarded as the honesty and truthfulness or accuracy of one's actions. Integrity can be regarded as the opposite of hypocrisy, in that it regards internal consistency as a virtue. . . The word "integrity" stems from the Latin adjective integer (whole, complete). In this context, integrity is the inner sense of "wholeness" deriving from qualities such as honesty and consistency of character. As such, one may judge that others "have integrity" to the extent that they act according to the values, beliefs and principles they claim to hold (<http://en.wikipedia.org/wiki/Integrity>)."

So it seems that to be a person of integrity, one must both think and act consistently and rightly. Easier said than done! Oh, this is hard to be and do, for all of us! We are so often tormented by corrupting thoughts and actions, resulting in personal struggles, the inevitable effects of the Fall of Humankind. Most all that come to Marble Retreat seeking hope, healing and restoration, do so in various states of "disintegration," a disruption to their sense of integrity. They arrive suffering from significant inconsistencies within themselves, their thoughts, feelings and their behaviors, resulting in brokenness, hopelessness, anxiety and depression. When we find ourselves "disintegrated," either by our own actions or the actions of others, we enter into a season of painful confusion. We've "lost our compass," so to speak. This is particularly painful for clergy, since one of their main roles as earthly shepherds is to provide a "moral compass" to people. But disintegration, the loss of our integrity, is painful for all of us!

Job knew the trials and pain that can cause disintegration, but, somehow, he did not compromise his integrity. He remained steadfast in his faith and trust in God and proclaimed this to his friends-turned-detractors, Eliphaz, Bildad and Zophar. How did he do this? It might be argued that his capacity to lament, voice his pain, helped him maintain his integrity. This seems to occur in the gatherings here at Marble Retreat, too! In fact, we seem to observe, time and again, people re-integrating, capturing anew their integrity, through their honest, authentic and heartfelt lament.

So, what are we to make of all this? First off, one's outside actions must follow one's inside thoughts. As Christians, the standard for integrity, for rightness or righteousness, is exemplified in the person and character of Jesus. We follow Him! Let's do our best to have faith and to follow Him! Then, when the inevitable trials of this world come and we find ourselves disintegrated, it is both right and good to lament one's plight. It helps considerably to be able to do so in the midst of a few close friends and/or family. There's healing and strength in confession. Take hope in the life of Job. If he can do it, if he can maintain his integrity in the midst of such trials, we can, too!

## INTRODUCING OUR NEWEST BOARD MEMBER

**David Self** – After graduating with a Psychology degree with honors, spent a year internship with a community-based church program focused on revitalizing people's lives and a city's downtown through a construction-based ministry. He and his wife Heather moved to Denver, CO, in 2008 after she accepted a position with OMF International, formerly known as China Inland Missions, an organization that sends missionaries to eastern Asia.



*David Self*

David currently works in Operations at a large mutual fund company and enjoys bringing God's principles and love to a corporate environment and its clients. They recently welcomed their first child, Rebekah Elaine Self, in August 2011 and are finding all the joys of family life. In their free time they enjoy the great outdoors, angling, family events and good conversation.

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### INTERNS

We have had the privilege of having 3 interns this last spring and summer. They join us, as observers and with full prior consent from our guests, for the group counseling sessions, which prove to be a powerful learning experience for them. We are grateful to be able to be a part of a graduate students' professional training in counseling. This year, we have had interns come from near and far. Clare Colley, who hails from Luton, England, joined us in April. Clare is a student in Integrative Counselling & Psychotherapy at The Minster Centre, London. Melissa Gledhill, from nearby Breckenridge, CO, joined us in June and attends Colorado University, Denver. Melissa was so interested in the experience she did it twice! Jerry Johnson from Denver Seminary also sat in on one of our groups for his necessary practicum experience. Internships for graduate students are a wonderful way to train and mentor counseling students and thereby extend to others in need the wonderful kingdom work of this ministry.

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**Melissa McBurney** is in Brazil serving with Women of the Harvest at the time of this printing. She told us she had two 50 pound suitcases filled with gifts for the missionary women she was to serve. I am sure she will have much to tell of her time in South America. Thank you for praying for her.

## Marble Retreat Board of Directors

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*Mike MacKenzie, D.Min.  
Kari MacKenzie, D.Min.*



*A higher standard.  
A higher purpose.*

# HOUSEWARMING SHOWER FOR THE LODGE

(or a Lodge Reheat)

This fall, one of our esteemed volunteers, Karrie Pollack, had the inspiration and desire to host a housewarming party for the Marble Retreat Lodge. Here is what she had to say about her inspiration:

*“This summer I volunteered at Marble Retreat as a cook/host. My job was to feed the people attending and love them. Simple enough. I know how to cook and I know how to love people. While there I noted that the kitchen at Marble needs some items to be replaced.”*



Kari and Patti were delighted to hear of Karrie's thoughts for a party to benefit the lodge. They went to Bed Bath and Beyond and created a registry for much needed items. Some of our supplies, equipment and linens harken back to the time the lodge was built in the 70's. It was wonderful to share the vision of the ministry with our new friends at the party. Karrie even provided a pie making demonstration for the guests as she is a master pie baker. We received many lovely gifts and were so blessed by the

generosity of those invited. Items on the registry are still needed if you would like to purchase a gift for the lodge. You can access the registry list on-line at: <http://www.bedbathandbeyond.com/regGiftRegistry.asp> Select housewarming and search for Kari MacKenzie or Patti Cappa. You may also walk into any store and access the registry or send a check with "housewarming" on the memo line and we will take care of the shopping.

## GROUP SCHEDULE FOR 2012

### *Remaining Groups for 2011*

November 8 - 17  
November 29 - December 8\*  
January 17 - January 26  
February 14 - February 23  
March 6 - March 15

March 20 - March 29\*

April 24 - May 3

May 8 - May 17

May 22 - May 31

June 5 - June 14

June 19 - June 28\*\*

July 24 - August 2\*

August 7 - August 16

September 4 - September 13

September 18 - September 27\*

October 9 - October 18

November 6 - 15

December 4 - December 13\*\*

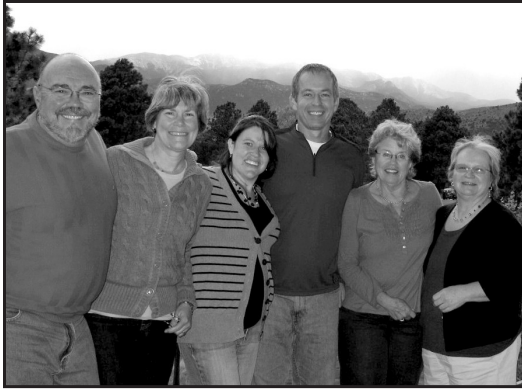
*\*Indicates group is open to all believers. All other listed groups are for clergy only.*

*\*\*Indicates group is for Counselors only. All other groups for those vocational Christian ministry.*

*Session dates are subject to change on occasion. Please call to confirm a reservation prior to booking flights.*

*When making travel plans, plan to arrive Tuesday afternoon and depart on Thursday morning of the following week.*

**Please consider donating to our Scholarship fund.**



*The Marble Retreat Staff  
Steve and Patti Cappa, Kari and Mike MacKenzie,  
Melissa McBurney, and Katrine Fabian.*

*My Sheep listen to my voice, I know them and they follow me.*

*As I have loved you, so you will love one another.*

*Remain in me and I will remain in you.*

*Because I live, you also will live.*

*Look at the fields, ripe for harvest.*

*Enjoy life abundantly!*

*Written on a piece marble by a recent Alum*

## MARBLE RETREAT IS NOW OFFERING GROUPS FOR CHRISTIAN COUNSELORS IN 2012

Marble Retreat is now offering 2 groups this year for Christian Counselors only. As a result of our presence at the recent AACC (American Association of Christian Counselors) Conference held in Nashville, followed by our biannual Board of Directors Meeting, it was prayerfully concluded that we now offer 2 groups in 2012 for Christian Counselors. We are delighted to offer our fellow workers a place to come for healing, hope and restoration!

Marble Retreat is a 501(c)3 non-profit corporation. You have several ways to donate, on-line click the donate button, check or credit card by mail or phone.

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Fall 2011

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